



Purple Mountain

A sanctuary for healing, restoration,
and spiritual wellbeing.

Welcome to a Peaceful Space

Welcome to Purple Mountain — a sanctuary for healing, restoration, and spiritual wellbeing.

Created with care, compassion, and intention, Purple Mountain offers a peaceful space where you can pause, breathe deeply, and reconnect with yourself on every level — mind, body, and spirit. Through holistic therapies, massage, energy healing, sound healing, meditation, and spiritual practices, we support your journey toward balance, inner peace, and personal transformation.



True Healing Begins Within

At Purple Mountain, we believe true healing begins within. Every treatment is thoughtfully designed to nurture not only the physical body, but also the emotional, energetic, and spiritual self. Whether you are seeking deep relaxation, emotional healing, energetic cleansing, spiritual guidance, or simply a moment of rest and renewal, you will be welcomed into a safe, supportive, and compassionate environment.

Purple Mountain is a healing space to release, restore, awaken, and return to yourself.



Meet Your Practitioner

Steven Hemingway

Steven is a spiritual practitioner, healer, meditation teacher, and founder of Purple Mountain. With many years of experience in spiritual development, sound healing, trance mediumship, energy work, and holistic therapies, Steven is passionate about helping others reconnect with their authentic selves and inner healing abilities.

His treatments combine intuition, compassion, and deep spiritual awareness to create powerful healing experiences focused on balance, grounding, emotional wellbeing, and heart-centred living.

Steven also specialises in guided meditations, Chakra healing, sound therapy, spiritual cleansing, forgiveness work, and transformational healing practices inspired by both ancient traditions and modern spiritual understanding.

Meet Your Practitioner

Chris

Chris is a caring and intuitive holistic practitioner dedicated to helping people relax, heal, and restore balance within both body and mind. With a calm and grounded approach, Chris offers a range of massage and wellbeing treatments designed to ease tension, improve physical wellbeing, and encourage deep relaxation.

Passionate about holistic healing, Chris creates a welcoming and supportive space where clients can fully unwind, release stress, and reconnect with themselves on a deeper level.

Together, Steven and Chris bring warmth, compassion, and genuine care into every treatment and healing experience offered at Purple Mountain.



Massage Treatments



Full Body Massage with Hot Stones – 60 Minutes – £45

A deeply relaxing full body massage designed to ease tension, calm the nervous system, and restore balance to both body and mind. Warm healing stones are used throughout the treatment to gently melt away stress and encourage deep relaxation.

-  Relieves muscle tension and physical stress
-  Improves circulation and promotes relaxation
-  Helps calm the mind and restore emotional balance

(Includes front and back of body)

Deep Tissue Body Realignment – 60 Minutes – £45

A powerful deep tissue treatment designed to realign the body, release stored tension, and improve overall movement and wellbeing. Using the flowing techniques of Lomi Lomi Hawaiian massage with warm oils, this treatment works deeply into the muscles while creating a sense of grounding and renewal.

-  Releases deep muscular tension and stiffness
-  Improves posture, mobility, and body alignment
-  Encourages emotional release and energetic balance

(Includes front and back of body)

Special Massage Treatments

Fire Massage – 75 Minutes – £60

A deeply warming and energising treatment combining hot stones, hot oil pouring, dry or fire cupping, fire muscle release, and gentle Chakra touch therapy. This unique massage is designed to awaken the body, release deep tension, and restore energetic flow.

- ✧ Releases deep muscular tension and energetic blockages
- ✧ Stimulates circulation and revitalises the body
- ✧ Balances the Chakras and promotes emotional wellbeing

Chinese Head & Korean Massage – 75 Minutes – £50

A calming and restorative treatment focusing on the head, neck, shoulders, and upper body using traditional Eastern massage techniques to ease stress and encourage deep relaxation.

- 🌸 Relieves headaches, tension, and mental fatigue
- 🌸 Promotes deep relaxation and emotional calm
- 🌸 Improves circulation and energy flow throughout the body

Special Massage Treatments

Crystal Massage – 60 Minutes – £45

A healing massage using warm crystals, calming oils, and aromatherapy to help realign and balance the seven Chakras while bringing the body and mind into harmony.

-  Balances and restores the seven Chakras
-  Encourages emotional healing and inner peace
-  Promotes relaxation, grounding, and energetic cleansing

Tibetan Sound Massage – 75 Minutes – £50

A deeply therapeutic treatment combining full body massage with warm oils, aromatherapy, and Tibetan sound healing to cleanse and rebalance the body's energy field.

-  Reduces stress and promotes deep relaxation
-  Clears stagnant energy and restores inner harmony
-  Encourages emotional release and spiritual wellbeing

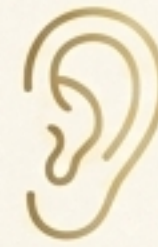
Specialized Physical Treatments



Reflexology Treatment – 60 Minutes – £45

A deeply relaxing reflexology treatment designed to restore balance throughout the body using pressure points in the feet. Includes a soothing foot soak, exfoliation, cleanse, and nourishing foot wrap.

- ❖ Encourages relaxation and stress relief
- ❖ Stimulates circulation and energy flow
- ❖ Supports the body's natural healing processes
- ❖ Crystal and Sound healing



Ear Rebalancing Treatment – 60 Minutes – £50

A specialised ear treatment including ear syringing, ear massage, Hopi ear candles, and ear pressure point therapy to help restore balance and clarity.

- ❖ Helps clear blocked ears and built-up pressure
- ❖ Encourages relaxation and mental clarity
- ❖ Supports balance and sinus relief

Specialized Physical Treatments

Basic Ear Syringing – 30 Minutes – £35

A gentle treatment designed to safely cleanse and clear both ears.

- Removes excess wax and blockage
- Improves hearing clarity
- Helps relieve pressure and discomfort

Dry Chinese Cupping & Moxibustion – 45 Minutes – £40

A targeted treatment using traditional Chinese cupping and moxibustion techniques focused on a specific area following consultation.

- Releases deep muscular tension
- Stimulates circulation and healing
- Helps reduce inflammation and stiffness

Specialized Physical Treatments

Dry or Fire Cupping with Hot Stone Massage – 60 Minutes – £45

A therapeutic back and shoulder treatment combining cupping therapy with relaxing hot stone massage.

- 💧 Relieves tight muscles and tension
- 💧 Relieves tight muscles and tension
- 💧 Improves blood flow and detoxification
- 💧 Encourages relaxation and pain relief

Lymphatic Full Body Massage – 60 Minutes – £50

A gentle detoxifying massage designed to stimulate the lymphatic system and support the body's natural cleansing process. Includes lymphatic pumping techniques for the stomach, lungs, spleen, and liver.

- 💧 Supports detoxification and immune health
- 💧 Reduces water retention and swelling
- 💧 Encourages relaxation and improved circulation

Spirit Treatments

Tibetan Sound Cleanse – 60 Minutes – £45

A deeply grounding sound healing session using smudging, crystals, aromatherapy, and Tibetan singing bowls placed on and around the body.

- ✧ Clears stagnant or heavy energy
- ✧ Promotes deep relaxation and emotional balance
- ✧ Restores harmony within the mind, body, and spirit

Chakra Realignment – 60 Minutes – £45

A healing treatment focused on balancing all seven Chakras through meditation, breathwork, crystal healing, and spiritual contact healing.

- ✧ Restores energetic balance and alignment
- ✧ Encourages emotional healing and clarity
- ✧ Promotes inner peace and spiritual wellbeing

Spirit Treatments

Archangel Michael Crystal & Sound Cleanse – 60 Minutes – £45

A powerful spiritual cleansing treatment incorporating sacred geometry, crystals, sound healing, smudging, and aromatherapy.

- 💎 Helps clear negative or heavy energy
- 💎 Promotes protection, grounding, and clarity
- 💎 Encourages emotional and spiritual renewal



Native American Indian Drumming Journey – 60 Minutes – £45

A shamanic-style healing session using drumming, breathwork, smudging, crystals, sound healing, and energy work.

- 🪶 Encourages deep meditation and inner connection
- 🪶 Helps release emotional blockages
- 🪶 Promotes grounding and spiritual awareness



Spirit Treatments

Salamander Sound Healing – 75 Minutes – £50

A unique sound healing experience combining crystal healing, tuning forks, spiritual healing, headphones, and aromatherapy for deep relaxation and energetic alignment.

-  Reduces stress and anxiety
-  Balances energy and emotional wellbeing
-  Encourages deep relaxation and inner healing



Angelic Crown Chakra Healing – 60 Minutes – £45

A deeply peaceful and spiritually uplifting treatment focused on opening and balancing the Crown Chakra while connecting with higher healing energies. This beautiful experience includes angelic crystal healing, crystal singing bowls, harp music, aromatherapy, angelic music, and gentle spiritual healing contact throughout the session.

-  Encourages deep peace, clarity, and spiritual connection
-  Helps balance and open the Crown Chakra
-  Promotes relaxation, emotional healing, and inner harmony

Spirit Treatments

Silver Birch Crystal & Energy Boost – 60 Minutes – £45

Feeling emotionally drained, low in energy, or spiritually disconnected? This uplifting treatment is designed to restore balance, raise your vibration, and reconnect you back to yourself. Using specialised activation crystals and healing metals, this treatment also includes aromatherapy, smudging, spiritual healing, grounding, and reconnection techniques to help revitalise both body and spirit.

-  Boosts energy levels and emotional wellbeing
-  Encourages grounding, balance, and clarity
-  Helps clear stagnant energy and restore inner vitality

Specialised Spiritual Treatments

Auric Cleanse – 2 Hours – £120

An intensive spiritual cleansing experience including breathwork, psychotherapy, meditation, shamanic snuff, Sananga eye drops, smudging, and drumming.

- 🔥 Clears stagnant emotional and energetic patterns
- 🔥 Encourages mental clarity and emotional release
- 🔥 Supports spiritual growth and transformation

One-to-One Kambo Treatment – Approx. 2 Hours – £120

A traditional cleansing ceremony using Kambo in a safe and supported healing environment.

- 🌿 Supports deep physical and energetic cleansing
- 🌿 Encourages emotional release and clarity
- 🌿 Promotes strength, focus, and wellbeing

Specialised Spiritual Treatments

Cacao Heart Chakra Healing – 60 Minutes – £50

A heart-opening treatment including ceremonial cacao, homemade truffles, heart Chakra balancing, forgiveness and grief meditation, crystal healing, and aromatherapy.

- ♡ Encourages emotional healing and heart opening
- ♡ Supports forgiveness, self-love, and connection
- ♡ Promotes relaxation and inner peace

Copper Pyramid Healing – 75 Minutes – £55

A powerful energetic treatment beneath a special copper pyramid including crystal healing, alchemy healing, sound cleansing, body copper wire wrap, and smudging.

- 🔺 Raises energetic vibration and balance
- 🔺 Encourages deep relaxation and clarity
- 🔺 Supports spiritual healing and energetic cleansing

Specialised Spiritual Treatments

Magnetic Aura of the Earth – 75 Minutes – £50

A deeply grounding and restorative treatment combining crystal healing, magnetic energy balancing, sound therapy, aromatherapy, and Earth-centred healing techniques.

- 🌍 Helps release stress, tension, and energetic blockages
- 🌍 Promotes grounding, balance, and emotional wellbeing
- 🌍 Encourages harmony between mind, body, and spirit
- 🌍 Supports relaxation and inner peace
- 🌍 Helps restore vitality, clarity, and positive energy

Combination Treatments

Head & Chakra Bliss – 60 Minutes – £45

A blissful treatment combining head and shoulder massage with full Chakra realignment, sound cleansing, and spiritual healing.

- 🌸 Relieves stress and mental fatigue
- 🌸 Balances the Chakras and energy field
- 🌸 Promotes deep peace and relaxation

Card Reading & Chakra Realignment – 75 Minutes – £60

A beautiful combination of intuitive card reading followed by a Chakra crystal realignment treatment.

- 🌸 Provides spiritual guidance and clarity
- 🌸 Restores energetic balance
- 🌸 Encourages emotional healing and insight

Mini Treatment Packages

(Depending on Availability)

Back, Shoulders & Facial – 45 Minutes – £35

A relaxing treatment focused on releasing upper body tension while refreshing and nourishing the skin.

- 💧 Relieves tension and stress
- 💧 Refreshes and revitalises the skin
- 💧 Promotes relaxation and wellbeing

Head, Shoulders & Facial Steam – 45 Minutes – £35

A calming treatment including head and shoulder massage with a soothing facial steam experience.

- 💧 Relaxes the mind and body
- 💧 Clears and refreshes the skin
- 💧 Helps relieve tension and mental fatigue



Your Personal Healing Journey

We understand that every person's healing journey is unique. Many of our treatments can be combined and tailored depending on consultation and your individual needs. If you are unsure which treatment is right for you, simply have a friendly chat with Steven or Chris, and together we can create a personalised healing experience designed especially for you.

We look forward to welcoming you into our healing space.